

# **FOOD CHAIN**

**an overview**



**A non-profit (501-3-c) organization with activists and scientists  
in Massachusetts, New Hampshire, Maine, Canada, and Italy**

**Roger Warner**

**founder & coordinator, Green Crab R & D**

# **Green Crab R & D**

**a small, informal grassroots nonprofit organization**

**for scientists, activists, and seafood industry people**

**in Massachusetts, New Hampshire, Maine, the Canadian Maritimes,  
California, Washington State, and Venice Italy**

**funding from Massachusetts Division of Marine Fisheries and other sources**

**Presenters of The Crabby Awards, for excellence**



**Our small-scale hands-on projects include:**

**Trapping (of course)**

**Experimental production of soft-shell crabs**

**Development of green crab food products with our partners**

**Food tasting events & public outreach**

**But primarily:**

**WE ARE AN INFORMATION-SHARING NETWORK**

**Helping find measures to counteract**

**the green crab invasion**

**And working with our colleagues to jump-start a**

**new branch of the seafood industry**

**monthly email newsletter (from Roger Warner)**

**[www.greencrab.org](http://www.greencrab.org) + Facebook + Instagram pages**

**(from Mary Parks — who has also put together the  
world's first green crab cookbook)**

**The food chain concept is basic, and obvious**

**Crabs grow with the intake of nutrients and minerals**

**They are predators of small shellfish**

**They are marauders of eelgrass**

**But ...**

**Green crabs are also prey**

**Other critters eat them**

**And, after death, crab carcasses break down into  
nutrients and minerals  
useful to others  
including humans**

**Predators in the wild include:**

**Larger crustaceans**

**(lobsters, blue crabs, big green crabs)**

**Striped bass**

**sea turtles, wolffish and large finfish**

**In their own way, green crabs are highly vulnerable**

## **The commercial BAIT TRADE**

**Mostly for tautog and conch/whelk traps**

**from south of Cape Cod down to Virginia**

**with tantalizing, and not-yet-fulfilled possibilities for lobster trap bait**

**Steve Jury will address this and related subjects next**



## **Our WORKING HYPOTHESIS**

**not yet proven:**

**Humans are the ultimate green crab predators**

**If we are right, green crab population MIGHT be managed and reduced**

**through commercial trapping to**

**create a variety of gourmet foods and food additives**

**Why do we think this might be true?**

# **UMAMI**

**Japanese word for flavor-enhancing**

**Green crabs not only have a taste of their own  
similar to other crabs**

**But they also AMPLIFY AND EXTEND**

**the experience of other foods' flavor and taste  
on the palate**

**Green crabs create a long, pleasing flavor trail**

from the Journal of Food Science, 2011

## Comprehensive Analysis of Umami Compounds by Ion-Pair Liquid Chromatography Coupled to Mass Spectrometry

Leon Coulier, Richard Bas, Maarten Hekman, Bianca J. C. van der Werff, Maurits Burgering, and Uwe Thissen

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**Abstract:** An ion-pair LC-ESI-MS method was developed capable of analyzing various reported umami or umami-enhancing compounds, including glutamic acid and 5'-ribonucleotides. The method was validated using tomato and potato samples and showed overall good analytical performance with respect to selectivity, detection limit, linearity, and repeatability. The method was applied to various tomato samples resulting in concentrations of glutamic acid and 5'-ribonucleotides that were in good comparison with literature. The methodology might also be used for the discovery of new umami (enhancing) compounds in an untargeted mode. This was to a certain extent demonstrated for tomato samples by correlating all peaks observed with the ion-pair liquid chromatography-mass spectrometry (LC-MS) method to sensory properties using multivariate statistics.

The main two umami-producing compounds are:

**Glutamic acid**  
**Aspartic acid**

**Table 1–Umami (enhancing) compounds or compounds with structural similarity analyzed by IP-LC-MS.**

<b>Compound</b>	<b>[M-H]<sup>-</sup></b>	<b>t<sub>r</sub> (min)</b>
Glutamic acid	146.1	2.7
Aspartic acid	132.0	2.6
N-acetylglutamic acid	188.1	6.7
N-acetylglycine	116.1	3.9
Pyroglutamic acid	128.0	3.9
Glu-Ala	217.0	4.2
Glu-Glu	275.1	7.0
Glu-Val-Phe	392.2	8.9
Asp-Glu	261.1	7.0
Succinic acid	117.3	6.7
Lactic acid	89.1	3.4
Gallic acid	169.0	3.9
5'-AMP	346.0	7.1
5'-GMP	362.1	6.8
5'-UMP	323.0	6.7
5'-IMP	347.1	6.9
5'-XMP	363.0	8.2

## A USDA study on green crabs ...

# POTENTIAL USE OF THE INVASIVE EUROPEAN GREEN CRAB (*CARCINUS MAENAS*) AS AN INGREDIENT IN ATLANTIC SALMON (*SALMO SALAR*) DIETS; A PRELIMINARY ANALYSIS

Gary Burr and Bill Wolters  
National Cold Water Marine  
Aquaculture Center  
USDA-ARS  
Franklin, ME



... shows that both  
 aspartic acid and glutamic acid  
 are present in green crabs in relatively large amounts

## Amino Acid analysis

	Green Crab		Menhaden
Amino Acid	Meat	Guts	Fishmeal
<b>Taurine</b>	<b>1.12</b>	<b>0.66</b>	
Aspartic Acid	6.29	3.48	9.35
<b>Threonine</b>	<b>2.96</b>	<b>1.89</b>	<b>4.25</b>
Serine	2.52	1.48	4.07
Glutamic Acid	9.65	3.98	13.64

	Green Crab		Menhaden
Amino Acid	Meat	Guts	Fishmeal
<b>Methionine</b>	<b>1.78</b>	<b>0.78</b>	<b>2.49</b>
<b>Isoleucine</b>	<b>3.03</b>	<b>1.43</b>	<b>3.81</b>
<b>Leucine</b>	<b>4.99</b>	<b>2.44</b>	<b>7.11</b>
Tyrosine	2.67	1.54	3.02
<b>Phenylalanine</b>	<b>2.84</b>	<b>1.72</b>	<b>3.77</b>

**(A tip of the hat to the scientists here who know  
much, much more about food chemistry than I do,**

**including**

**Denise Skonberg**

**Elizabeth Fairchild and**

**Bouhee Kang)**

**Because of their umami flavor,  
and in spite of their small size and tough shells  
green crabs present four main  
food opportunities  
as gourmet food for humans**



## Stock or broth



## **Soft-shell green crabs**

**a centuries-old recipe from Venice, Italy**

**Brought to North America by Sophie St.-Hillaire and Luke Poirier  
Evangelized by Jonathan Taggart**

**Conference co-organizers Marissa MacMahan and Gabby Bradt,  
Jonathan Taggart, Luke Poirier and others are  
working on increasing  
the efficiency of soft-shell production**

**Various recipes based on green crab roe**

**including a green crab version of**

**“She-Crab Soup,” a bisque**

**traditionally made with BLUE crab roe**

**Jonathan Taggart has evangelized**

**Mary Parks has produced a free cookbook of recipes**

**Jamie Basset has some amazing**

**ideas and photographs**

**... and, finally, green crab MINCE**

**the soft innards, separated mechanically from the shell ...**

**which makes for great crabcakes!**

**experimentally produced, in small quantities, by Bouhee Kang**

**in the U. of Maine Orono food lab**

**under the directions of Denise Skonberg**

**(both of them here at this conference)**

**So ...**

**We have successful PROOF OF CONCEPT**

**of four green crab recipe groups**

**They all taste GREAT**

**But none of them are in full-scale production YET ...**

**The fishing industry has not yet figured out how to make**

**MONEY from green crabs**

**Mary Parks of Green Crab R & D**  
**will address the practical obstacles**  
**to large-scale production**  
**and profitability**  
**later on in this session.**

**Meanwhile ...**

**We need to ask ourselves ...**

**What if our hypothesis isn't true?**

**Or isn't completely true?**

**Or even if somewhat true,**

**Can't make a decisive difference**

**In reducing the wild green crab population?**

**Then we'd probably have to look  
for help  
elsewhere in the food chain.**



**We need to help the other**

**NATURAL PREDATORS**

**Especially striped bass.**

**We need to outlaw**

**commercial striper fishing**

**and make it a recreational fish only**

**if we want to give our clams and mussels**

**a decent chance.**

**And we need to explore a  
new fascinating, if unproven hypothesis  
from Ed Grosholz (University of California / Davis),  
Andy Chang (Smithsonian Marine Invasives Research Lab)  
and others from their work at Stinson Beach. California**

**(We hope to get Ed via video at 11:00 a.m. Thursday)**

**Their hypothesis in brief:**

**Use crab traps with much finer mesh size, to get the tiny crabs**

**and**

**Let the big male crab CANNIBALIZE the rest!**

**Let the big males become significant predators of their own species**

**It will take a few years of  
testing to prove or disprove  
this new hypothesis**

**But it's a fascinating idea**

**Conclusion:**

**There's an EMERGING CONSENSUS**

**That we have to explore ALL MEANS**

**to control green crabs**

**Improve our trapping equipment,**

**Get more efficient at creating soft-shell crabs,**

**Market green crabs with more sophistication**

**And see how we can make crab-based derivative products**

**from fertilizer on upwards.**



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